

WALNUT CREEK

IDLE FREE



Did you know that idling creates air pollution that is harmful to your health? Air pollution from idling causes asthma and other chronic health problems; these effects are particularly harmful to children, whose lungs are still developing. You can avoid the negative health impacts of idling to yourself and the children (and adults) around you, save large amounts of gasoline and money, and reduce your greenhouse gas emissions simply by turning off your engine while parked whenever you're waiting in your car more than 10 seconds.

Check out this [fact sheet from Idle Free Bay Area](#) for more information, and make this year the year you pledge to leave idling behind.

