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| **Unit/Time & Location/Zoom Link** | **Pre-Work for Class** | **Supplemental Information** |
| **January 31 – Zoom, 6:30 pm**(approx. session time 1.5 hrs)**Time: Jan 31, 2024 06:30 PM Pacific Time (US and Canada)**Join Zoom Meeting<https://us02web.zoom.us/j/89531804436>Meeting ID: 895 3180 4436One tap mobile+16694449171,,89531804436# US+16699006833,,89531804436# US (San Jose) | [How to Find Your WC CERT Area](https://walnutcreek.maps.arcgis.com/apps/webappviewer/index.html?id=9e0ba1aa82ad434ead26c8029ceaf626)[FEMA IS 317a](s?%20:%20https://emilms.fema.gov/is_0317a/curriculum/1.html)**Complete the following forms in full , no scratchouts/whiteouts. B**ring them with you for entry into class on February 17. [Disaster Service Worker Registration Form](https://www.walnutcreekca.gov/home/showpublisheddocument/25411/637399127323900000) (Complete the Disaster Service Worker Registration form below the words “VOLUNTEER: Do not write above this section.”)[Release & Waiver of Liability Form](https://www.walnutcreekca.gov/Home/ShowDocument?id=20153)[Code of Conduct](https://www.walnutcreekca.gov/home/showdocument?id=17186) | [City of Walnut Creek Mobilization Protocol](https://www.walnutcreekca.gov/home/showdocument?id=25095)[Walnut Creek CERT Website](https://www.walnutcreekca.gov/government/departments/emergency-preparedness/cert-community-emergency-response-teams)[History of CERT - Los Angeles Fire Department (7:57)](https://www.youtube.com/watch?v=9wOkth-TcHM) [CERT in Action (19:14)](https://www.youtube.com/watch?v=99suZUxOPwE)[FEMA Welcome to CERT website](https://community.fema.gov/PreparednessCommunity/s/welcome-to-cert?language=en_US)[CalOES CERT and National CERT Association links](https://www.caloes.ca.gov/office-of-the-director/operations/planning-preparedness-prevention/community-emergency-response-team/)[State of California Volunteer Disaster Service Worker Program](https://www.caloes.ca.gov/office-of-the-director/policy-administration/finance-administration/human-resources/disaster-service-worker-volunteer-program/) |
| **February 16 – Zoom****6:30 pm – 9:30 pm*** **Disaster Preparedness (Unit 1)**
* **CERT Organization (Unit 2)**

Topic: WC CERT Class 1Time: Feb 16, 2024 06:30 PM Pacific Time (US and Canada)Join Zoom Meetinghttps://us02web.zoom.us/j/82307078010Meeting ID: 823 0707 8010 | Register for emergency alerts:[Community Warning System (County)](https://cwsalerts.com/)[Walnut Creek Warning System](https://member.everbridge.net/892807736723919/login)[Bypass Your Spam Blocker](https://cwsalerts.com/2020/08/19/our-caller-id/)Watch this vido after Feb 17:[WC CERT Pet Preparedness & Response Unit](https://youtu.be/LHSRyYojIww) | [Earthquake Warning California](https://earthquake.ca.gov/)[Red Cross Emergency Alerts and How To Skills](https://www.redcross.org/get-help/how-to-prepare-for-emergencies/mobile-apps.html)[CERT Pet Preparedness & Reponse Unit](https://www.walnutcreekca.gov/government/departments/emergency-preparedness/cert-community-emergency-response-teams/cert-basic-training/unit-1-1-pet-animal-preparedness)[How to Put An Emergency Contact on Your Phone Lock Screen](https://ktla.com/news/technology/how-to-put-emergency-contact-info-on-your-phones-lock-screen/)[Incident Command Exercise](https://www.walnutcreekca.gov/home/showpublisheddocument?id=12741)[FEMA Web Based Course IS 100](https://training.fema.gov/is/courseoverview.aspx?code=IS-100.c&lang=en)[FEMA Web Based Course IS 700](https://training.fema.gov/is/courseoverview.aspx?code=IS-700.b&lang=en) |

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| **February 17 – In Person****8:00 AM – 5:00 PM****Location: Walnut Creek City Hall****3rd Floor Conference Room****1666 N. Main Street****Walnut Creek, CA*** **Communications**
* **Medical Operations 1 (Unit 3)**
* **Medical Operations 2 (Unit 4)**
* **Light Search & Rescue (Unit 7)**
 | **Medical Operations 1 & 2 Pre-Work**[Disposable Respirators, Instructions](https://youtu.be/0d_RaKdqeck?si=Icjv83MzUu4KFx6t)[How to Safely Remove Disposable Gloves](https://youtu.be/AmHzLAXHdrA?si=KU4Ec57MPDj-MOhD)[Veinous Bleeding (3:59)](https://youtu.be/3MpOa6K4ZjY?si=q7aluuSTu2rSxNxh)[Arterial Bleeding (4:59)](https://youtu.be/biwOVrPW7TQ?si=wAqUVz2dqsvAZvhw)[Recovery Position (4:01)](https://youtu.be/uHkOFHEN4Aw?si=dCuOmIkivEnyV_Rf)[How to Use a Tourniquet (2:36)](https://youtu.be/VJFGZC8UvP8?si=bY1QCNALknLm7e-X)[Bandaging and Splinting (6:32)](https://youtu.be/M7iRMuHLs14?si=vBX7SEhrB-_zSBEM)[S.T.A.R.T. Video Part 1 (6:30)](https://youtu.be/73kJ-4gEsnA?si=PVhSwvoXznczi1RU)[S.T.A.R.T. Video Part 2 (9:20)](https://youtu.be/4NHSAZW0d5Y?si=-KGMJab8NxIB1GmU)[CERT Head to Toe Assessment (5:45)](https://youtu.be/P3MUhF48zi8?si=ikVIkooHcxdaCuj_)**Light Search and Rescue Pre-Work**[CERT Coaching Victim Extraction (4:27)](https://youtu.be/t8jI75padu4?si=aOigVca-Z6MtMVne)[Cribbing (2:16)](https://youtu.be/DFIjpWrQ0-0?si=n5Q7eShRyjCi0YOU)[Survivor Lifts & Carries (6:30)](https://youtu.be/wj-6FNKN0PE?si=83CYRKVt7Ejnna2S) | **Emergency Communications**[Role of Amateur Radio Operators in Emergency](https://utilitiesone.com/the-role-of-amateur-radio-operators-in-emergency-communication#anchor-2)**Medical Operations** [Triage In A Disaster Environment (Notes)](https://www.walnutcreekca.gov/home/showpublisheddocument?id=18891) |
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| **Unit** | **Complete Prior to Class** | **Supplemental Information** |
| **February 24****8:00 AM – 5:00 PM****Location: Walnut Creek City Hall****3rd Floor Conference Room****1666 N. Main Street****Walnut Creek, CA****AND Civic Park*** **Disaster Psychology (Unit 5)**
* **Utilities, Hazardous Materials & Fire Safety Unit (Unit 6)**
* **Terrorism (Unit 8)**
* **Review (Unit 9)**
* **Final Exercise, Hot Wash**

 **(Civic Park)*** **Graduation**
 | Fire & Utilities["Flashover" Video (2:31)](https://youtu.be/87hAnxuh1g8?si=9Fgn-NGZRqq45CSx)[CERT Member's Role in Fire Safety (17:58)](https://youtu.be/y3OFkLPneYY?si=aP_3GFaQq-YOZLA6) | **Disaster Psychology**[**Disaster Psych Self Care Toolkit**](https://www.walnutcreekca.gov/home/showpublisheddocument/29061/638096253578700000)**Fire & Utilities**[**PG&E Turning Off Your Gas**](https://www.pge.com/en/outages-and-safety/safety/gas-safety.html)[**Mississippi CERT Fire Safety Training (15:56)**](https://youtu.be/T_FpBUHx3Og?si=HO9UfsPioZibGqy-) |