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| **Unit/Time & Location/Zoom Link** | **Pre-Work for Class** | **Supplemental Information** |
| **January 31 – Zoom, 6:30 pm**  (approx. session time 1.5 hrs)  **Time: Jan 31, 2024 06:30 PM Pacific Time (US and Canada)**  Join Zoom Meeting  <https://us02web.zoom.us/j/89531804436>  Meeting ID: 895 3180 4436  One tap mobile  +16694449171,,89531804436# US  +16699006833,,89531804436# US (San Jose) | [How to Find Your WC CERT Area](https://walnutcreek.maps.arcgis.com/apps/webappviewer/index.html?id=9e0ba1aa82ad434ead26c8029ceaf626)  [FEMA IS 317a](s?%20:%20https://emilms.fema.gov/is_0317a/curriculum/1.html)  **Complete the following forms in full , no scratchouts/whiteouts. B**ring them with you for entry into class on February 17.  [Disaster Service Worker Registration Form](https://www.walnutcreekca.gov/home/showpublisheddocument/25411/637399127323900000)  (Complete the Disaster Service Worker Registration form below the words “VOLUNTEER: Do not write above this section.”)  [Release & Waiver of Liability Form](https://www.walnutcreekca.gov/Home/ShowDocument?id=20153)  [Code of Conduct](https://www.walnutcreekca.gov/home/showdocument?id=17186) | [City of Walnut Creek Mobilization Protocol](https://www.walnutcreekca.gov/home/showdocument?id=25095)  [Walnut Creek CERT Website](https://www.walnutcreekca.gov/government/departments/emergency-preparedness/cert-community-emergency-response-teams)  [History of CERT - Los Angeles Fire Department (7:57)](https://www.youtube.com/watch?v=9wOkth-TcHM)  [CERT in Action (19:14)](https://www.youtube.com/watch?v=99suZUxOPwE)  [FEMA Welcome to CERT website](https://community.fema.gov/PreparednessCommunity/s/welcome-to-cert?language=en_US)  [CalOES CERT and National CERT Association links](https://www.caloes.ca.gov/office-of-the-director/operations/planning-preparedness-prevention/community-emergency-response-team/)  [State of California Volunteer Disaster Service Worker Program](https://www.caloes.ca.gov/office-of-the-director/policy-administration/finance-administration/human-resources/disaster-service-worker-volunteer-program/) |
| **February 16 – Zoom**  **6:30 pm – 9:30 pm**   * **Disaster Preparedness (Unit 1)** * **CERT Organization (Unit 2)**   Topic: WC CERT Class 1  Time: Feb 16, 2024 06:30 PM Pacific Time (US and Canada)  Join Zoom Meeting  https://us02web.zoom.us/j/82307078010  Meeting ID: 823 0707 8010 | Register for emergency alerts:  [Community Warning System (County)](https://cwsalerts.com/)  [Walnut Creek Warning System](https://member.everbridge.net/892807736723919/login)  [Bypass Your Spam Blocker](https://cwsalerts.com/2020/08/19/our-caller-id/)  Watch this vido after Feb 17:  [WC CERT Pet Preparedness & Response Unit](https://youtu.be/LHSRyYojIww) | [Earthquake Warning California](https://earthquake.ca.gov/)  [Red Cross Emergency Alerts and How To Skills](https://www.redcross.org/get-help/how-to-prepare-for-emergencies/mobile-apps.html)  [CERT Pet Preparedness & Reponse Unit](https://www.walnutcreekca.gov/government/departments/emergency-preparedness/cert-community-emergency-response-teams/cert-basic-training/unit-1-1-pet-animal-preparedness)  [How to Put An Emergency Contact on Your Phone Lock Screen](https://ktla.com/news/technology/how-to-put-emergency-contact-info-on-your-phones-lock-screen/)  [Incident Command Exercise](https://www.walnutcreekca.gov/home/showpublisheddocument?id=12741)  [FEMA Web Based Course IS 100](https://training.fema.gov/is/courseoverview.aspx?code=IS-100.c&lang=en)  [FEMA Web Based Course IS 700](https://training.fema.gov/is/courseoverview.aspx?code=IS-700.b&lang=en) |

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| **February 17 – In Person**  **8:00 AM – 5:00 PM**  **Location: Walnut Creek City Hall**  **3rd Floor Conference Room**  **1666 N. Main Street**  **Walnut Creek, CA**   * **Communications** * **Medical Operations 1 (Unit 3)** * **Medical Operations 2 (Unit 4)** * **Light Search & Rescue (Unit 7)** | **Medical Operations 1 & 2 Pre-Work**  [Disposable Respirators, Instructions](https://youtu.be/0d_RaKdqeck?si=Icjv83MzUu4KFx6t)  [How to Safely Remove Disposable Gloves](https://youtu.be/AmHzLAXHdrA?si=KU4Ec57MPDj-MOhD)  [Veinous Bleeding (3:59)](https://youtu.be/3MpOa6K4ZjY?si=q7aluuSTu2rSxNxh)  [Arterial Bleeding (4:59)](https://youtu.be/biwOVrPW7TQ?si=wAqUVz2dqsvAZvhw)  [Recovery Position (4:01)](https://youtu.be/uHkOFHEN4Aw?si=dCuOmIkivEnyV_Rf)  [How to Use a Tourniquet (2:36)](https://youtu.be/VJFGZC8UvP8?si=bY1QCNALknLm7e-X)  [Bandaging and Splinting (6:32)](https://youtu.be/M7iRMuHLs14?si=vBX7SEhrB-_zSBEM)  [S.T.A.R.T. Video Part 1 (6:30)](https://youtu.be/73kJ-4gEsnA?si=PVhSwvoXznczi1RU)  [S.T.A.R.T. Video Part 2 (9:20)](https://youtu.be/4NHSAZW0d5Y?si=-KGMJab8NxIB1GmU)  [CERT Head to Toe Assessment (5:45)](https://youtu.be/P3MUhF48zi8?si=ikVIkooHcxdaCuj_)  **Light Search and Rescue Pre-Work**  [CERT Coaching Victim Extraction (4:27)](https://youtu.be/t8jI75padu4?si=aOigVca-Z6MtMVne)  [Cribbing (2:16)](https://youtu.be/DFIjpWrQ0-0?si=n5Q7eShRyjCi0YOU)  [Survivor Lifts & Carries (6:30)](https://youtu.be/wj-6FNKN0PE?si=83CYRKVt7Ejnna2S) | **Emergency Communications**  [Role of Amateur Radio Operators in Emergency](https://utilitiesone.com/the-role-of-amateur-radio-operators-in-emergency-communication#anchor-2)  **Medical Operations**  [Triage In A Disaster Environment (Notes)](https://www.walnutcreekca.gov/home/showpublisheddocument?id=18891) |
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| **Unit** | **Complete Prior to Class** | **Supplemental Information** |
| **February 24**  **8:00 AM – 5:00 PM**  **Location: Walnut Creek City Hall**  **3rd Floor Conference Room**  **1666 N. Main Street**  **Walnut Creek, CA**  **AND Civic Park**   * **Disaster Psychology (Unit 5)** * **Utilities, Hazardous Materials & Fire Safety Unit (Unit 6)** * **Terrorism (Unit 8)** * **Review (Unit 9)** * **Final Exercise, Hot Wash**   **(Civic Park)**   * **Graduation** | Fire & Utilities  ["Flashover" Video (2:31)](https://youtu.be/87hAnxuh1g8?si=9Fgn-NGZRqq45CSx)  [CERT Member's Role in Fire Safety (17:58)](https://youtu.be/y3OFkLPneYY?si=aP_3GFaQq-YOZLA6) | **Disaster Psychology**  [**Disaster Psych Self Care Toolkit**](https://www.walnutcreekca.gov/home/showpublisheddocument/29061/638096253578700000)  **Fire & Utilities**  [**PG&E Turning Off Your Gas**](https://www.pge.com/en/outages-and-safety/safety/gas-safety.html)  [**Mississippi CERT Fire Safety Training (15:56)**](https://youtu.be/T_FpBUHx3Og?si=HO9UfsPioZibGqy-) |